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Payment required with order if less than £30

Only available in these quantities

No of copies	Cost (including Post and Packing)
10	£3.00
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50	£15.00
100	£30.00

Fact Sheets	No of copies	Total £
General Information about Lymphoedema		
Reducing the risk of Upper Limb Lymphoedema		
Lymphoedema of the Breast or Trunk		
Upper Limb Lymphoedema		
Head, Face and Neck Lymphoedema		
Genital Lymphoedema		
Reducing the Risk of Developing Lower Limb Lymphoedema		
Swollen Feet & Legs		
The Use of Compression Garments in Lymphoedema Management		
Lymphoedema Associated with Chronic Venous Insufficiency		
Manual Lymphatic Drainage for People with Lymphoedema		

Fact Sheets continued	No of copies	Total £
What is Cellulitis?		
Management of Cellulitis in Lymphoedema		
Diuretics and Lymphoedema		
Skin Care		
Healthy Eating		
Recreational Exercise and Movement with Lymphoedema		
Holidays & Travel		
Early Childhood Lymphoedema		
Teenage Lymphoedema		
Multi-Layer Lymphoedema Bandaging		
Emotional and Social Aspects of Lymphoedema		
The Use of Kinesio Tape in Lymphoedema Management		
Oedema in Advanced Ill Health (Information for healthcare professionals). Available from LSN website only – in HCP section		
Lipoedema		
Management of Oedema in Advancing Disease (Information for patients)		
	SUB TOTAL	£.....

SUB TOTAL B/F	£.....
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Other items	Quantity	Cost (including P&P) £	Total £
Booklets			
Lymphoedema – Advice on self-management and treatment		£5.00each	
Lymphoedema – A Guide for Cancer Patients		£3.00 each	
Information about lymphoedema for Care Home Staff			
Pack of key information and advice for those caring for someone living with lymphoedema/chronic oedema in a residential or nursing home setting.		£3.50 each	
DVD			
Self-management techniques for arm lymphoedema.		£12.00 each	
DVD			
Self-management techniques for leg lymphoedema.		£12.00 each	
Medical Alert Cards		£0.50 each	
Alert Bracelets (Hospital Style) For single use only.		£1.00 each or 6 for £5.00	
Stress Balls		£3.75 each	
Shopping Bag - LSN branded, re-usable, folding, polyester bag		£3.00 each	
Awareness Wristbands Green silicone wristband debossed with 'Lymphoedema matters' in white. (Fits average size wrist.)		£1.00 each	
		TOTAL	£.....

Please make cheques payable, in **pounds sterling** only, to the
LYMPHOEDEMA SUPPORT NETWORK
and send to the LSN, St Luke's Crypt, Sydney St., London SW3 6NH

Registered Charity 1018749