MEMBERSHIP APPLICATION FORM

Title				
Name				
Address				
Postcode				
Telephone	(Home)			(Work)
Date of birth				
I have Lymp	hoedema			I am a Health Care Professional
Other (pleas	e specify)			
Annual overs	subscription £ seas subscrip	215.00 otion £30.00 (paym		
Donation to	support the v	work of the LSN of	:	£
_ Total (includir	Total (including cost of any purchased information)			£
Li		l would like the LS make to the charit		
I enclose a d	cheque made	payable to the LS	N	
I would like t	to pay by cred	dit/debit card (Plea	ase pho	ne 020 7351 0990)
Please send to The I	_ymphoedema :	Support Network		
_	-	to provide members to by completing t	•	services and will not pass it on rmation overleaf.
FOR OFFICE USE ON	ILY			
Date entered onto	o database			

MY LYMPHOEDEMA EXPERIENCE

My ly	mphoedema swelling	g is of					
	Right arm		Left arm		Right leg		Left leg
	Right hand		Left hand		Right foot		Left Foot
	Trunk		Face		Breast		Genitalia
I hav	e the following categ	ory of ly	mphoedema				
	Primary lymphoe	dema					
	Secondary to car	ncer tre	eatment				
	Secondary to and	other c	ause				
My ly	mphoedema was as	a result	of treatment for		·		
	Breast cancer						
	Prostate cancer						
	Melanoma (skin d	cancer)	ı				
	Cervical cancer						
Othe	er (please specify)						
l rece	eive my treatment fro	m					
GP Community nurse Lymphoedema nurse							
Othe	er (please specify)						
I heard about the LSN from (please specify)							
For o	office use:		We MA Ne	ite: Bloome Le AC: Bwsletter: Ictsheets:	itter:		

LSN FACT SHEETS AND MERCHANDISE ORDER FORM

To order, please indicate your requirements and return with the Membership Application form.
NAME
POST CODE

Title	Cost each	Qty	Total
Lymphoedema - Advice on self-management and treatment (Mortimer and Todd) Third edition. Beaconsfield Publishers Ltd., UK Written by health professionals describing lymphoedema and treatments.	£5.00		
Lymphoedema - A guide for cancer patients Royal Marsden Hospital booklet giving general information on lymphoedema treatment. Patient Information Series No. 26	£3.00		
DVD – Self-management techniques for arm lymphoedema	£12.00		
DVD - Self-management techniques for leg lymphoedema	£12.00		
Alert Bracelets (Hospital Style). For single use only.	£1.00 each or 6 for £5.00		
Stress Balls	£3.75		
Shopping Bag - LSN branded, re-usable, folding, polyester bag	£3.00		
Awareness Wristbands Green silicone wristband debossed with 'Lymphoedema matters' in white. (Fits average size wrist.)	£1.00		
Wrist Warmers Knitting Pattern	£3.00		
Please add this amount to your Membership Application	ı form.	Total:	£

Fact Sheets available free to members	Tick Leaflets
A DONATION TOWARDS POSTAGE WOULD BE MUCH APPRECIATED.	Required
Reducing the Risk of Upper Limb Lymphoedema	
Lymphoedema of the Breast or Trunk	
Upper Limb Lymphoedema	
Head, Face and Neck Lymphoedema	
Genital Lymphoedema	
Reducing the Risk of Developing Lower Limb Lymphoedema	
Swollen Feet & Legs	
The Use of Compression Garments in Lymphoedema Management	

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Fact Sheets continued	Tick Leaflets Required
Lymphoedema Associated with Chronic Venous Insufficiency	•
Manual Lymphatic Drainage for People with Lymphoedema	
What is Cellulitis?	
Management of Cellulitis in Lymphoedema	
Diuretics and Lymphoedema	
Skin Care	
Healthy Eating	
Recreational Exercise and Movement with Lymphoedema	
Holidays & Travel	
Early Childhood Lymphoedema	
Teenage Lymphoedema	
Multi-Layer Lymphoedema Bandaging (MLLB)	
Emotional and Social Aspects of Lymphoedema	
The Use of Kinesio Tape in Lymphoedema Management	
Oedema in Advanced Ill Health (Information for healthcare professionals). Available from LSN website only – in HCP section	
Lipoedema	
Management of Oedema in Advancing Disease (Information for patients)	

OTHER INFORMATION	Tick Leaflets Required
MLD UK register of manual lymphatic drainage therapists	
Disability Living Allowance	
By Karen Booth Pension Disability and Carers Service Manager	
Lymphorrhoea	
Melanie McCann, Lymphoedema Nurse Specialist, St. George's Hospital, London	
Tips for Summer	
Denise Hardy, LSN Trustee and Nursing Advisor	
Exercise and Movement	
Melanie Thomas, National Clinical Lead Lymphoedema, Welsh Government	
LSN Guide to Fundraising Pack	